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## IN-SPHERE PROPERTY AND REVERSE INEQUALITIES FOR MATRIX MEANS\*

TRUNG-HOA DINH<sup>†</sup>, TIN-YAU TAM<sup>‡</sup>, AND BICH-KHUE T. VO<sup>§</sup>

**Abstract.** The in-sphere property for matrix means is studied. It is proved that the matrix power mean satisfies in-sphere property with respect to the Hilbert-Schmidt norm. A new characterization of the matrix arithmetic mean is provided. Some reverse AGM inequalities involving unitarily invariant norms and operator monotone functions are also obtained.

**Key words.** In-sphere property of matrix means, Matrix Heinz mean, Matrix power mean, Unitarily invariant norms.

**AMS subject classifications.** 46L30, 15A45.

**1. Introduction.** A mean  $M$  of non-negative numbers is a map from  $\mathbb{R}^+ \times \mathbb{R}^+$  to  $\mathbb{R}^+$  such that (see, for example, [1]):

- 1)  $M(x, x) = x$  for every  $x \in \mathbb{R}^+$ ;
- 2)  $M(x, y) = M(y, x)$  for every  $x, y \in \mathbb{R}^+$ ;
- 3) If  $x < y$ , then  $x < M(x, y) < y$ ;
- 4) If  $x < x_0$  and  $y < y_0$ , then  $M(x, y) < M(x_0, y_0)$ ;
- 5)  $M(x, y)$  is continuous;
- 6)  $M(tx, ty) = tM(x, y)$  for  $t, x, y \in \mathbb{R}^+$ .

Some well-known examples are the arithmetic mean  $\frac{a+b}{2}$ , the geometric mean  $\sqrt{ab}$ , and the harmonic mean  $\left(\frac{a^{-1} + b^{-1}}{2}\right)^{-1}$ . Property 3) says that for  $0 \leq a \leq b$ ,

$$(1.1) \quad \frac{a+b}{2} - M(a, b) \leq \frac{b-a}{2}.$$

In other words,  $M(a, b)$  lies inside the interval  $[a, b]$  which is contained in the circle with the center at the arithmetic mean  $\frac{a+b}{2}$  and the radius equal a half of the distance between  $a$  and  $b$ . We call this *the in-sphere property* of scalar means with respect to the Euclidian distance on  $\mathbb{R}$ . In particular, for  $t \in [0, 1]$  and  $p > 0$ , the  $t$ -weighted geometric mean  $M(a, b) = a^{1-t}b^t$  and the  $t$ -power mean (or binomial mean)  $\mu_p(a, b, t) = ((1-t)a^p + tb^p)^{1/p}$  satisfy the in-sphere property (1.1).

Now, let us denote by  $\mathbb{M}_n$  the algebra of all complex matrices of order  $n$  and by  $I_n$  the identity matrix in  $\mathbb{M}_n$ . Let  $\mathbb{P}_n$  and  $\mathbb{H}_n^+$  denote the sets of positive definite and positive semi-definite matrices of order  $n$ ,

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respectively. For Hermitian matrices  $A$  and  $B$ , the notation  $A \leq B$  means  $B - A \geq 0$ . This is the well-known Loewner order on Hermitian matrices.

One of the most important matrix generalizations of (1.1) is the famous Powers-Størmer inequality [2] which states that for any  $A, B \in \mathbb{H}_n^+$  and for any  $s \in [0, 1]$ ,

$$\mathrm{Tr} \left( \frac{A+B}{2} - \frac{1}{2}|A-B| \right) \leq \mathrm{Tr} (A^s B^{1-s}),$$

where  $|A| = (A^*A)^{1/2}$ . The value  $\mathrm{Tr}(A^s B^{1-s})$  is called *the non-logarithmic quantum Chernoff bound* in quantum hypothesis testing theory.

Another matrix generalization of (1.1) was studied by Dinh, Vo and Osaka [3]. They proved that for any  $A, B \in \mathbb{P}_n$  such that  $AB + BA \geq 0$  and for any operator Kubo-Ando mean  $\sigma$  [4],

$$(1.2) \quad \frac{A+B}{2} - \frac{1}{2}|A-B| \leq A\sigma B.$$

Then, Dinh showed in [5, Theorem 2.1] that for any  $A, B \in \mathbb{P}_n$  (without the condition  $AB + BA \geq 0$ ) and for any operator mean  $\sigma$ ,

$$(1.3) \quad \frac{A+B}{2} - \frac{1}{2}A^{1/2}|I_n - A^{-1/2}BA^{-1/2}|A^{1/2} \leq A\sigma B.$$

Notice that both (1.2) and (1.3) are matrix generalizations of (1.1).

The matrix power mean which was first studied by Bhagwat and Subramanian [6] is

$$\mu_p(A, B, t) = (tA^p + (1-t)B^p)^{1/p}, \quad A, B \in \mathbb{H}_n^+, \quad p \in \mathbb{R}.$$

It is worth mentioning that  $\mu_p(A, B, t)$  is a mean in the sense of Kubo-Ando if and only if  $p = \pm 1$ . The power means with  $p > 1$  have many important applications in mathematical physics and in the theory of operator spaces, where they form the basis of certain generalizations of  $l_p$  norms to non-commutative vector-valued  $L_p$  spaces [7].

In this paper, we consider some matrix generalizations of (1.1) involving unitarily invariant norms. More precisely, we prove in Section 2 that the matrix power mean  $\mu_p(A, B, t)$  satisfies the in-sphere property with respect to the Hilbert-Schmidt norm. We also obtain a new characterization of the arithmetic mean. In Section 3 we establish some reverse inequalities for the matrix Heinz mean with unitarily invariant norms.

**2. In-sphere property for matrix means.** Using the fact that for  $p \in [1, 2]$  the function  $x^{1/p}$  is operator concave and the function  $x^{2/p}$  is operator convex, we will prove that the matrix power mean  $\mu_p(A, B, t)$  satisfies the in-sphere property with respect to the Hilbert-Schmidt norm  $\|\cdot\|_2$ .

**THEOREM 2.1.** *Let  $p \in [1, 2]$  and  $A, B \in \mathbb{H}_n^+$ . Then for  $t \in [0, 1]$ ,*

$$(2.4) \quad \left\| \frac{A+B}{2} - \mu_p(A, B, t) \right\|_2 \leq \frac{1}{2} \|A-B\|_2.$$

*Proof.* Since  $\|A\|_2 = (\mathrm{Tr}(A^2))^{1/2}$ , (2.4) is equivalent to the following:

$$(2.5) \quad \mathrm{Tr}(\mu_p(A, B, t)^2) - \mathrm{Tr}((A+B)\mu_p(A, B, t)) \leq -\mathrm{Tr}(AB).$$

It is obvious that (2.5) holds for  $t = 0$  and  $t = 1$ . If we can show that the set of  $t$  satisfying (2.5) is a connected subset in  $[0, 1]$ , then it coincides with  $[0, 1]$ . Indeed, let (2.5) hold for  $s, t \in (0, 1)$  and it suffices to show that (2.5) is also true for  $(t + s)/2$ . Notice that

$$\begin{aligned} \mu_p(A, B, (t + s)/2) &= \left( \frac{t + s}{2} A^p + \left(1 - \frac{t + s}{2}\right) B^p \right)^{1/p} \\ &= \left( \frac{1}{2} (t A^p + (1 - t) B^p) + \frac{1}{2} (s A^p + (1 - s) B^p) \right)^{1/p} \\ &= \left( \frac{1}{2} \mu_p^p(A, B, t) + \frac{1}{2} \mu_p^p(A, B, s) \right)^{1/p}. \end{aligned}$$

For  $p \in (1, 2)$ , the function  $x^{1/p}$  is operator concave, hence we have

$$\begin{aligned} \mu_p(A, B, (t + s)/2) &= \left( \frac{1}{2} \mu_p^p(A, B, t) + \frac{1}{2} \mu_p^p(A, B, s) \right)^{1/p} \\ &\geq \frac{1}{2} \mu_p(A, B, t) + \frac{1}{2} \mu_p(A, B, s). \end{aligned}$$

Consequently,

$$(2.6) \quad \text{Tr}((A + B)\mu_p(A, B, (t + s)/2)) \geq \frac{1}{2} \text{Tr}((A + B)\mu_p(A, B, t) + (A + B)\mu_p(A, B, s)).$$

On the other hand, for  $p \in [1, 2]$  the function  $x^{2/p}$  is operator convex. Then we have

$$\begin{aligned} (2.7) \quad \mu_p(A, B, (t + s)/2)^2 &= \left( \frac{1}{2} \mu_p^p(A, B, t) + \frac{1}{2} \mu_p^p(A, B, s) \right)^{2/p} \\ &\leq \frac{1}{2} \mu_p^2(A, B, t) + \frac{1}{2} \mu_p^2(A, B, s). \end{aligned}$$

From (2.6) and (2.7), we obtain

$$\begin{aligned} &\text{Tr}(\mu_p(A, B, (t + s)/2)^2) - \text{Tr}((A + B)\mu_p(A, B, (t + s)/2)) \\ &\leq \frac{1}{2} \text{Tr}(\mu_p^2(A, B, t)) + \frac{1}{2} \text{Tr}(\mu_p^2(A, B, s)) - \frac{1}{2} \text{Tr}((A + B)\mu_p(A, B, t)) - \frac{1}{2} \text{Tr}((A + B)\mu_p(A, B, s)) \\ &\leq -\text{Tr}(AB). \end{aligned}$$

Therefore, (2.5) holds for  $(s + t)/2$ . □

Recall that a norm  $\|\cdot\|$  on  $\mathbb{M}_n$  is unitarily invariant if  $\|UAV\| = \|A\|$  for any unitary matrices  $U, V$  and any  $A \in \mathbb{M}_n$ . Ky Fan Dominance Theorem [9] asserts that given  $A, B \in \mathbb{M}_n$ ,  $s(A) \prec_w s(B)$  if and only if  $\|A\| \leq \|B\|$  for all unitarily invariant norms  $\|\cdot\|$ , where  $s(A)$  denotes the vector of singular values of  $A$ .

In the following theorem, we establish a new characterization of the arithmetic mean. The proof is adapted from the proof of [5, Theorem 2.3]. For the convenience of readers, we provide a full proof.

**THEOREM 2.2.** *Let  $\sigma$  be any symmetric mean and  $\|\cdot\|$  an arbitrary unitarily invariant norm on  $\mathbb{M}_n$ . If*

$$(2.8) \quad \left\| \frac{A + B}{2} - A\sigma B \right\| \leq \frac{1}{2} \|A - B\|$$

*holds whenever  $A, B \in \mathbb{P}_n$ , then  $\sigma$  is the arithmetic mean.*

*Proof.* By [4, Theorem 4.4], the symmetric operator mean  $\sigma$  has the representation:

$$(2.9) \quad A\sigma B = \frac{\alpha}{2}(A + B) + \int_{(0,\infty)} \frac{\lambda+1}{\lambda} \{((\lambda A) : B) + (A : (\lambda B))\} d\mu(\lambda), \quad A, B \in \mathbb{P}_n,$$

where  $\lambda \geq 0$  and  $\mu$  is a positive measure on  $(0, \infty)$  with  $\alpha + \mu((0, \infty)) = 1$  and  $A : B = (A^{-1} + B^{-1})^{-1}$  is the parallel sum of  $A$  and  $B$ . Given two orthogonal projections  $P, Q$  acting on a Hilbert space  $H$  denote by  $P \wedge Q$  their infimum which is the orthogonal projection on the subspace  $P(H) \cap Q(H)$ . If  $P \wedge Q = 0$ , then by [4, Theorem 3.7],

$$(\lambda P) : Q = P : (\lambda Q) = \frac{\lambda}{\lambda+1} P \wedge Q.$$

Consequently, from (2.9), we get

$$(2.10) \quad P\sigma Q = \frac{\alpha}{2}(P + Q).$$

For  $\theta > 0$ , let us consider the following orthogonal projections

$$P = \begin{pmatrix} 1 & 0 \\ 0 & 0 \end{pmatrix}, \quad Q = \begin{pmatrix} \cos^2 \theta & \cos \theta \sin \theta \\ \cos \theta \sin \theta & \sin^2 \theta \end{pmatrix}.$$

It is easy to see that  $P \wedge Q = 0$ . By (2.10) and (2.8) we have

$$(1 - \alpha) \| \| P + Q \| \| \leq \| \| P - Q \| \|,$$

or

$$(2.11) \quad (1 - \alpha) \| \| P + Q \| \| \leq |\sin \theta| \cdot \| \| H \| \|,$$

where  $H = \begin{pmatrix} \sin \theta & -\cos \theta \\ -\cos \theta & -\sin \theta \end{pmatrix}$ . Since it is true for all  $\theta > 0$ , as  $\theta$  in (2.11) tends  $0^+$ , we obtain  $1 - \alpha \leq 0$ . Thus,  $\alpha \geq 1$ . This shows that  $\mu = 0$  and  $\sigma$  is the arithmetic mean.  $\square$

**REMARK 2.3.** Firstly, note that the matrix power mean is not symmetric. So, Theorem 2.1 is not covered by Theorem 2.2.

Secondly, notice that for any operator mean  $\sigma$  and for any  $A, B \in \mathbb{H}_n^+$  with  $AB + BA \geq 0$  (2.8) follows from (1.2). Therefore, (2.8) geometrically says that for any operator mean  $\sigma$ , the point  $A\sigma B$  lies inside the sphere centered at  $\frac{A+B}{2}$  and the radius equal to  $\frac{1}{2} \| \| A - B \| \|$ . However, if we fix some symmetric operator mean  $\sigma$  that is different from the arithmetic mean, then we can find matrices  $A, B$  not satisfying the condition  $AB + BA \geq 0$  and  $A\sigma B$  lies outside of the sphere with the center at  $\frac{A+B}{2}$  and the radius  $\| \| A - B \| \| / 2$ .

**3. Reverse inequalities.** It is well-known that the Heinz mean  $\frac{a^s b^{1-s} + a^{1-s} b^s}{2}$ ,  $s \in [0, 1]$ , interpolates between the geometric mean  $a^{1/2} b^{1/2}$  and the arithmetic mean  $\frac{a+b}{2}$ , and that [9] for any unitarily invariant norm  $\| \| \cdot \| \|$ , for any  $A, B \in \mathbb{H}_n^+$ , and for  $s \in [0, 1]$ ,

$$(3.12) \quad \| \| A^{1/2} B^{1/2} \| \| \leq \| \| \frac{A^s B^{1-s} + A^{1-s} B^s}{2} \| \| \leq \| \| \frac{A+B}{2} \| \|.$$

In this section, we will prove some inequalities reverse to (3.12).

Observe that the following matrix generalization of (1.1)

$$(3.13) \quad \frac{A+B}{2} \leq A^{s/2} B^{1-s} A^{s/2} + \frac{1}{2} A^{1/2} |I_n - A^{-1/2} B A^{-1/2}| A^{1/2}$$

is false in general. Indeed, for  $s = 1/2$ , let us consider the following positive definite matrices

$$A = \begin{pmatrix} 0.699 & 1.1455 \\ 1.1455 & 4.9308 \end{pmatrix}, \quad B = \begin{pmatrix} 0.9249 & 0.7064 \\ 0.7064 & 0.5928 \end{pmatrix}.$$

Using Matlab, one can see that the matrix

$$A^{1/4} B^{1/2} A^{1/4} + \frac{1}{2} A^{1/2} |I_n - A^{-1/2} B A^{-1/2}| A^{1/2} - \frac{A+B}{2}$$

has eigenvalues 1.2956 and  $-0.0234$ . Therefore, (3.13) is false. However, the eigenvalues of  $A^{1/4} B^{1/2} A^{1/4}$  are 0.1531 and 2.1184 and the eigenvalues of  $\frac{A+B}{2} - \frac{1}{2} A^{1/2} |I_n - A^{-1/2} B A^{-1/2}| A^{1/2}$  are 0.9665 and 0.0327. That means,

$$\frac{A+B}{2} - \frac{1}{2} A^{1/2} |I_n - A^{-1/2} B A^{-1/2}| A^{1/2} \prec_w A^{1/4} B^{1/2} A^{1/4},$$

or, equivalently, for any unitarily invariant norm  $\|\cdot\|$ ,

$$(3.14) \quad \left\| \frac{A+B}{2} - \frac{1}{2} A^{1/2} |I_n - A^{-1/2} B A^{-1/2}| A^{1/2} \right\| \leq \|A^{1/4} B^{1/2} A^{1/4}\|.$$

In the following theorem, we establish (3.14) for general  $A, B \in \mathbb{P}_n$  in the context of operator monotone functions. The proof is adapted from [3, Proposition 3.1].

**THEOREM 3.1.** *Let  $f$  be an operator monotone function on  $[0, \infty)$  with  $f((0, \infty)) \subset (0, \infty)$  and  $f(0) = 0$ . Let  $g(t) = \frac{t}{f(t)}$  ( $t \in (0, \infty)$ ) and  $g(0) = 0$ . Then for any  $A, B \in \mathbb{P}_n$ ,*

$$\begin{aligned} \left\| \frac{A+B}{2} - \frac{1}{2} A^{1/2} |I_n - A^{-1/2} B A^{-1/2}| A^{1/2} \right\| &\leq \|f(A)^{1/2} g(B) f(A)^{1/2}\| \\ &\leq \|f(A) g(B)\|, \end{aligned}$$

where  $\|\cdot\|$  is an arbitrary unitarily invariant norm on  $\mathbb{M}_n$ .

*Proof.* Let us prove the first inequality. Suppose that  $A \leq B$ . We have  $A^{-1/2} B A^{-1/2} \geq I_n$ . Therefore,

$$A + B - A^{1/2} |I_n - A^{-1/2} B A^{-1/2}| A^{1/2} = 2A.$$

Since  $g$  is operator monotone, we have  $g(A) \leq g(B)$ . Then

$$f(A)^{1/2} g(A) f(A)^{1/2} \leq f(A)^{1/2} g(B) f(A)^{1/2},$$

or

$$A \leq f(A)^{1/2} g(B) f(A)^{1/2}.$$

Therefore,

$$\|A\| \leq \|f(A)^{1/2} g(B) f(A)^{1/2}\|.$$

Next, we consider the general case. For the matrix  $I_n - A^{-1/2}BA^{-1/2}$ , let  $P = (I_n - A^{-1/2}BA^{-1/2})^+$  and  $Q = (I_n - A^{-1/2}BA^{-1/2})^-$  be its positive and negative parts according to its spectral decomposition, respectively. Then we have

$$I_n - A^{-1/2}BA^{-1/2} = P - Q \quad \text{and} \quad |I_n - A^{-1/2}BA^{-1/2}| = P + Q.$$

Consequently,

$$A - B = A^{1/2}PA^{1/2} - A^{1/2}QA^{1/2} \quad \text{and} \quad A^{1/2}|I_n - A^{-1/2}BA^{-1/2}|A^{1/2} = A^{1/2}PA^{1/2} + A^{1/2}QA^{1/2}.$$

It is obvious that  $A - A^{1/2}PA^{1/2} \in \mathbb{H}_n^+$ . Since  $A - A^{1/2}PA^{1/2} = B - A^{1/2}QA^{1/2} \leq B$  from the above argument we have

$$A - A^{1/2}PA^{1/2} \leq f(A - A^{1/2}PA^{1/2})^{1/2}g(B)f(A - A^{1/2}PA^{1/2})^{1/2}.$$

Consequently,

$$\| \|A - A^{1/2}PA^{1/2}\| \| \|f(A - A^{1/2}PA^{1/2})^{1/2}g(B)f(A - A^{1/2}PA^{1/2})^{1/2}\| \|.$$

On the other hand,

$$\begin{aligned} & \| \|f(A - A^{1/2}PA^{1/2})^{1/2}g(B)f(A - A^{1/2}PA^{1/2})^{1/2}\| \| \\ &= \| \|f(A - A^{1/2}PA^{1/2})^{1/2}g(B)^{1/2}g(B)^{1/2}f(A - A^{1/2}PA^{1/2})^{1/2}\| \| \\ &\leq \| \|g(B)^{1/2}f(A - A^{1/2}PA^{1/2})g(B)^{1/2}\| \| \\ &\leq \| \|g(B)^{1/2}f(A)g(B)^{1/2}\| \| \\ &\leq \| \|f(A)^{1/2}g(B)f(A)^{1/2}\| \|. \end{aligned}$$

Therefore,

$$\begin{aligned} \| \|A + B - A^{1/2}|I_n - A^{-1/2}BA^{-1/2}|A^{1/2}\| \| &= 2\| \|A - A^{1/2}PA^{1/2}\| \| \\ &\leq 2\| \|f(A)^{1/2}g(B)f(A)^{1/2}\| \|. \end{aligned}$$

The second inequality in Theorem 3.1 follows immediately from the Hiai-Ando log-majorization theorem [8]. □

**COROLLARY 3.2.** *Let  $A, B \in \mathbb{P}_n$  and  $s \in [0, 1]$ . Then we have*

$$\| \| \frac{A+B}{2} - \frac{1}{2}A^{1/2}|I_n - A^{-1/2}BA^{-1/2}|A^{1/2} \| \| \leq \| \|A^{1/2}B^{1/2}\| \|.$$

We now use Corollary 3.2 to obtain a reverse inequality for the matrix Heinz mean.

**THEOREM 3.3.** *Let  $A, B \in \mathbb{P}_n$  and  $s \in [0, 1]$ . Then we have*

$$(3.15) \quad \| \| \frac{A+B}{2} - \frac{1}{2}A^{1/2}|I_n - A^{-1/2}BA^{-1/2}|A^{1/2} \| \| \leq \| \| \frac{A^s B^{1-s} + A^{1-s} B^s}{2} \| \|.$$

*Proof.* Since  $A, B \in \mathbb{P}_n$ , the function  $f(s) = \| \|A^s B^{1-s} + A^{1-s} B^s\| \|$  is continuous and convex on  $[0, 1]$ , and twice differentiable on  $(0, 1)$  and  $f'(1/2) = 0$  (see [9, p. 265]). Hence,  $f(s)$  attains the global minimum on  $[0, 1]$  at  $s = 1/2$ . That means,

$$\| \|A^s B^{1-s} + A^{1-s} B^s\| \| \geq 2\| \|A^{1/2}B^{1/2}\| \|, \quad s \in [0, 1].$$

By Corollary 3.2, we get (3.15). □

REMARK 3.4. By using similar arguments one can prove another reverse inequality for the matrix Heinz mean as follows: for any  $A, B \in \mathbb{H}_n^+$  such that  $AB + BA \geq 0$  and  $s \in [0, 1]$ ,

$$\left\| \left\| \frac{A+B}{2} - \frac{1}{2}|A-B| \right\| \right\| \leq \left\| \left\| \frac{A^s B^{1-s} + A^{1-s} B^s}{2} \right\| \right\|.$$

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